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Kurt R. Larson, M.D.

Dr. Larson is a Board Certified Orthopedic Surgeon with subspecialty fellowship training in joint replacement and sports medicine. He was the valedictorian of his medical school class at University of Southern California and the recipient of multiple awards. Dr. Larson completed a fellowship in sports medicine and a research fellowship in joint replacement at the University of Southern California, Los Angeles (UCLA). He relocated to Fredericksburg, Virginia in 1992 after his sports medicine fellowship.

Dr. Larson performs about 300 joint replacement surgeries annually. He has been a member of the prestigious American Association of Hip and Knee Surgeons (www.aahks.org) since 1999. He does mini-incision total hip replacements, small incision total knee replacements, and minimally invasive unicompartmental knee replacements. OSC keeps a computerized database of all hip and knee replacements so that we can track our outcomes, making

sure they meet or exceed national standards.

Also, as a sports medicine orthopedist, Dr. Larson is an expert in arthroscopy having performed over 2,000 procedures. The majority of these procedures are shoulder and knee arthroscopy. Shoulder arthroscopy includes rotator cuff repair, decompression, and stabilization operations. Knee arthroscopy includes partial meniscectomy, meniscal repair, and anterior cruciate ligament reconstruction. Cartilage grafting may be performed for the appropriate candidate. Most disorders of the shoulder and knee are best treated without surgery. His goal is to present your options in a logical stepwise fashion so that you can make the best decision regarding your bone and joint health.

Raymond K. Chung, M.D.

Dr. Chung is a Board Certified Orthopedic surgeon who joined Orthopedic Specialty Clinic in August 2000. He grew up in Erie, Pennsylvania and later received his undergraduate B.A. degree at the University of Pennsylvania, majoring in Biology and Philosophy. He continued his training, attending Jefferson Medical College at Thomas Jefferson University. After medical school he served as intern at Pennsylvania Hospital, the nation's first hospital.

Dr. Chung trained in orthopedic surgery at George Washington University Hospital, Washington D.C., where his clinical rotations included the Washington Hospital Center, Children's National Medical Center and INOVA Fairfax Hospital. He completed a subspecialty fellowship in hand and microvascular surgery at the University of Alabama in Birmingham.



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Raymond S. Kirchmier, Jr., M.D.

Dr. Kirchmier is a Board Certified Orthopedic Surgeon with subspecialty training and interest in Spine Surgery. He joined our practice in September 2002.

Dr. Kirchmier completed his undergraduate B.A. degree at Duke University in 1984. He earned his M.D. degree from the Medical College of Virginia in 1988, being elected into the Alpha Omega Alpha Medical Honor Society. He then completed his general surgery internship and orthopedic residency programs at Vanderbilt University from 1988 to 1993. He furthered his training by completing an extra one year Spine Surgery Fellowship at the Minnesota Spine Center in Minneapolis under the direction of Dr. Robert Winter. This fellowship is considered the premier fellowship in the country for developing expertise in spinal reconstructive surgery and surgery for spinal deformity. The training also consisted of learning and perfecting the non-

surgical treatment of all cervical (neck) and thoracolumbar (back) disorders. Dr. Kirchmier has performed research in the field of low back degenerative disorders, and has written articles in peer reviewed journals and textbooks. Dr. Kirchmier specializes in the surgical treatment of spinal disorders.

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Erik M. Krushinski, M.D.

Erik Krushinski, MD joined our practice in August 2008 with specialty training in Sports Medicine.

Dr. Krushinski completed his undergraduate degree at Pennsylvania State University with a BS in Biology. He completed his Medical Degree at Pennsylvania State University College of Medicine in Hershey, PA in 2002. He completed his internship and Residency at the University of Maryland School of Medicine in the Department of Orthopedics. After completing his residency, he furthered his training by completing a one year fellowship in Sports Medicine at Union Memorial Hospital in Baltimore, Maryland. He received many awards while attending the Pennsylvania State University College of Medicine for outstanding academic achievement in Orthopedics.



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Dev Sen, M.D.

Dr. Sen completed his internship at the University of Illinois, Chicago and then completed residencies in Internal Medicine and Physical Medicine/Rehabilitation at Boston University. During his residency in Physical Medicine/Rehabilitation, he served as chief resident at the Boston Medical Center. Subsequently, he completed a fellowship in interventional pain medicine at Tufts University.

Dr. Sen is board certified in Internal Medicine, Physical Medicine/Rehabilitation and Interventional Pain Medicine. He became a faculty member at Boston University where he held an academic title of Assistant Professor. He remains active in academic matters and has given lectures in varied topics including interventional pain, stroke rehab, traumatic brain injury, and others. He is an active member of several organizations including American Medical Association, American Society

of Interventional Pain Physicians, and American Academy of Physical Medicine and Rehabilitation.

Dr. Sen joined Mid-Atlantic Spine and Rehab Associates and Orthopedic Specialty Clinic in March 2008. He treats musculoskeletal disease using a comprehensive approach including physical therapy, injections and medications. He specializes in advanced interventional treatment of neck and back pain with fluoroscopically guided injections. He also is an expert in diagnostic examinations such as electromyography and nerve conduction studies. He is accepting new patients and welcomes the opportunity to serve you. While he devotes much of his time to work, he does maintain active hobbies including skiing, running, golf and fishing. He is married with two children.

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Mark S. Ford, PA-C

Mark Ford, one of our Physician Assistants, specializes in Sports Medicine, Pediatrics, Fracture Care, and General Orthopedics. He completed his undergraduate Bachelor of Science Degree at James Madison University before continuing his training at Wake Forest School of Medicine for his Physician Assistant Degree. Mark graduated with honors in both programs.



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Paul L. Sunshine, PA-C

Paul Sunshine, one of our Physician Assistants, specializes in Spine and Upper Extremity, Pediatric Fracture Care and General Orthopedics. He completed his undergraduate Bachelor of Science Degree at the University of California, Davis. He received his Physician Assistant Degree from the College of Osteopathic Medicine of the Pacific in Pamona, California

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Joseph P. Gowaty, PA-C

Joe Gowaty, originally from Pennsylvania, graduated from the King's College Physician Assistant Program in Wilkes-Barre, PA. He has also completed an Orthopaedic Fellowship in Johnson City, TN and has received further training towards his Masters Degree in Sports Medicine from Arizona School of Health Sciences.



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Charlotte A. Laroche, PA-C

Charlotte LaRoche joined our practice in November 2007. Charlotte received her undergraduate degree from the College of William and Mary with a BS in Kinesiology. She completed her Masters in Physician Assistant Studies from DeSales University in Center Valley, Pennsylvania. Ms. LaRoche performs as our first surgical assist. In addition, she also provides pre-operative and post operative care of our surgical patients.

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Mike Deutsch, PA

Mike Deutsch received his Physician Assistant degree from Duke University in 1984. He has been practicing in New Hampshire for over 20 years and joined Orthopedic Specialty Clinic in May of 2009. His focus has been in occupational medicine as well as neurosurgery and emergency medicine. He sees pain management patients and practices directly with Dr. Sen.



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Ginger Houck, PT

Ginger Houck joined our practice in November 2008. She completed her physical therapy degree at the Medical College of Virginia in Richmond. She has been practicing physical therapy in our area since 1986 and takes a hands on approach to patient care.



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Christina Jamison, PT

Christina Jamison received her Masters in Physical Therapy in 2001 and her Doctorate in Physical Therapy in August 2007. She attended Shenandoah University in Winchester, Virginia. She joined Orthopedic Specialty Clinic and Mid-Atlantic Spine & Rehab Associates in May of 2009. She has worked in Physical Therapy in the Fredericksburg area since 2001 and has extensive background as an athletic trainer and worked with the Fredericksburg Generals during the 2008-2009 season.

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